

Measured Humidity Loads & Surface Water Activity in 12 Occupied Florida Homes

RESNET Building Performance Conference February 2018



Indoor Air Quality (IAQ)

Agenda

- IAP update Revision 4
- Dehumidification in IAP Specs
- Case studies and challenges in Florida homes Lew Harriman
 - Ventilation and DH loads
 - RH in air vs. RH on surfaces
 - Surface water activity vs. mold
 - Attic dew point vs. outdoor dew point
- Tools and resources





Indoor airPLUS Program Overview €EPA VERSION 1 (REV. 04) Indoor airPLUS CONSTRUCTION SPECIFICATIONS February 2018 Indoor Air Quality (IAQ) www.epa.gov/indoorairplu

- Non-regulatory home label; currently for new homes – will complete launch of existing homes this year.
- Assists home builders, trade contractors & renovators
- Concrete way for builders to sell health benefits to customers
- Independent, 3rd-party verification
- Constructions Specs, technical support, marketing resources



Indoor airPLUS as a Health Benchmark for High-Performance Homes

2009

200

- IAP is respected as a benchmark for IAQ to protect occupant health in new homes.
- IAP is required by other labeling programs (Zero Energy Ready, PHIUS) as a pre-requisite.
- IAP is also referenced by LEED for Homes and the National Green Building Standard.





Indoor Air Protections, Long-term Value



This home built at

123 Main Street Anywhere, DC 11111

was verified by

Home Energy Rater

to meet Indoor airPLUS construction specifications as established by the U.S. Environmental Protection Agency.



Indoor airPLUS qualified homes are designed to contribute to improved indoor air quality.

November 1, 2016



Indoor airPLUS Features

- Moisture and Mold Control
- Radon Resistant Construction
- Pest Barriers
- Effective Heating, Ventilating, and Air-Conditioning Systems
- Safe Combustion
- Low Emission Building Materials

Not all features are required in all cases. To learn more about indoor air quality features in your home, ask your builder to review the Indoor air/PLUS verification checklist with you, or visit www.epa.gov/indoorairplus.



Indoor airPLUS Labeled Homes Growth





Indoor airPLUS Update: Revision 4

- Revision 4 released this week.
- New exceptions:
 - Dehumidification option in crawl spaces
 - Pipe insulation in exterior walls, per climate zone
- Updated radon section:
 - Referencing ANSI/AARST standards
 - CCAH 2013 (single family)
 - CC 1000 (multifamily)
 - Multifamily considerations
- Recommending MERV 13 for central forced air and ventilation air
- Low-emission materials
 - Hard surface flooring advisory.
 - Formaldehyde in composite wood (TSCA Title IV)



Indoor airPLUS Revision 4 Introduction & Checklist

- Introduction:
 - Clarified document retention policy for Raters (2 years from verification).
 - Streamlined documentation requirement for similar, high-volume units.
- Checklist:
 - Additional fields and checkboxes.
 - Reminds verifier to confirm specific exceptions.
 - Enhances both short-term and long-term programmatic QA.

Courses Agency	nential Prote	Verification Checklist			1	HEUS
Home Ad	dress:	City:	State:	Zip:		
Climate 2	lone (1	-6): Radon Zone (1-3):				
Section	Recui	rements (Refer to full Indoor airPLUS Construction Specifications for details)	Must	Builder	Rater	N//
IY STAR	Note: correr requi	The Rev. 04 checklist reflects only the additional indoor airPLUS requirements and their sponding section numbers that must be met after completing the ENERGY STAR ements. ENERGY STAR remains a prerequisite for indoor airPLUS qualification.	Correct	Verified	Verified	
ENERG	ENER) be EN	SY STAR Version 3 (or 3.1, 3.2) Program Requirements must be followed and the home shall ERGY STAR certified in conjunction with Indoor air PLUS qualification.				
	1.1	Drain or sump pump installed in basements and crawlspaces. In EPA Radon Zone 1, check valve also installed.				
		Exception Applied: Slab-on-grade foundation Free-draining soils				
	1.2	Layer of aggregate or sand (4 in.) with geotextile matting installed below slabs AND radon techniques used in EPA Radon Zone 1.				
22		Exception Applied: State-on-grade foundation Free-draining soils Dry d	imate			<u> </u>
ā		Basements/crawispaces insulated, sealed and conditioned.				
loisture	1.4	Exception Applied: 0100-year flood zone Marine dimate 01y d Orawispace sealed with capillary break and active dehumid fication 0Raises	imate I pier found	ation with n	o walls	
2	17	Protection from water splash damage if no gutters.				
	1.7	Exception Applied: Rainwater harvesting system Dry climates				
	1.11	Supply piping in exterior walls insulated with pipe wrap.				
		Exception Applied: Dry climate AND climate zone 1-3 Air barrier insulation in wal	cavity			
	1.14	Hard-surface flooring in kitchens, baths, entry, laundry, and utility rooms.				
adon	2.1	Radon-resistant features installed in Radon Zone 1 homes in accordance with Construction Specification 2.1.				
*		Exception Applied: Perimeter pipe loop in lieu of full aggregate (dry climate) O Manuf	actured hore	ne with raise	d pier foun	datio
Pests	3.2	Corrosion-proof rodent/bird screens installed at all openings that cannot be fully sealed. (Not required for clothes dryer vents.)				
		Equipment selected to keep relative humidity < 60% in "Warm-Humid" climates.				
	4.1	Exception Applied: Otimate zones 4-8, 3B, 3C and portions of 3A and 2B				-
sthems	4.2	Duct systems protected from construction debris AND no building cavities used as air supplies or returns.				
ŝ	4.3	No air-handling equipment or ductwork installed in garage.				
HVH	4.6	Clothes dryers vented to the outdoors or plumbed to a drain according to manufacturer's instructions.				
	4.7	Central forced-air HVAC system(s) have minimum MERV & filter AND no coone generators in home. Temporary filter installed to protect unit from construction dust.				•
		Emissions standards met for Tuel-burning and space-heating appliances.				
utants	5.1	Identify appliance type: Assonry heater I Factory-built wood-burning fireplace Wood stove Pellet stove Natural gas/propane fireplace Acoliance model name/namber				
Pe	5.2	CO alarms installed in each sleeping zone (e.g., common halway) according to NFPA 720.				
bustion	5.3	Multifamily buildings: Smoking restrictions implemented AND ETS transfer pathways minimized.	-	•	-	
Com		Attached garages: Door closer installed on all connecting doors.				
J	5.4	Attached garages: In homes with exhaust-only whole-house ventilation EITHER				-

1. Moisture Control

- Moisture is a leading cause of health, comfort and durability concerns in homes.
- 19% of U.S. households have at least one person with asthma.
- There is a 20-50% increased risk of asthma in damp houses.
- The economic cost of asthma amounts to more than \$56 billion annually.
- Mold grows where there is moisture.
- Molds produce allergens, irritants, and in some cases, potentially toxic substances.





Items 1.3 and 1.4 Foundation Walls, Basements, Crawlspaces



- Finish all masonry and concrete walls with damp-proofing.
- Seal crawlspace and basement perimeter walls to prevent outside air infiltration.
- Insulate crawlspace and basement perimeter walls according to the prescriptive values determined by local code at minimum or R-5, whichever is greater.
- Provide conditioned air at a rate not less than 1 cfm per 50 sq. ft. of horizontal floor area. This can be achieved by a dedicated supply (2015 IRC section R408.3.2.2) or through crawl-space exhaust (2015 IRC section R408.3.2.1).
 - Exceptions: Flood zones, dry climates, marine climates, etc. (See spec).

1.4 Basement & Crawlspace Insulation & Conditioned Air



- New exception:
 - In lieu of perimeter wall insulation and conditioned air, crawlspaces that utilize <u>a capillary break on the floor</u> and that are well-sealed to prevent outside air infiltration are permitted to utilize <u>active dehumidification</u> with sufficient latent capacity to maintain relative humidity (RH) at or below 60 percent. The <u>dehumidifier shall be drained</u> to the outside or to a sump pump.
 - With this exception, ENERGY STAR Certified Homes Water Management System Builder Requirements Item 1.4.3 staking method for poly sheeting may not be used in crawlspaces with no slab.

Moisture & Relative Humidity

 IAP < 60% in warm humid climates



Source: Theodor D. Sterling and Associates, Ltd., V ancouver, B.C.



4.1 HVAC Sizing and Design - Verification

- Some of these items *must* be Rater verified.
- Rater should verify documentation before the start of construction showing the method and calculations for retaining an indoor relative humidity below 60 percent in "Warm-Humid" climates.

Section	Requirements (Refer to full Indoor airPLUS Construction Specifications for details)			Builder Verified	Rater Verified	N/A
	4.1	Equipment selected to keep relative humidity < 60% in "Warm-Humid" climates.				
stems	4.1	Exception Applied: 🛛 Climate zones 4-8, 3B, 3C and portions of 3A and 2B				
	4.2	Duct systems protected from construction debris AND no building cavities used as air supplies or returns.				
IC SI	4.3	No air-handling equipment or ductwork installed in garage.				
AVH	4.6	Clothes dryers vented to the outdoors or plumbed to a drain according to manufacturer's instructions.				
	4.7	Central forced-air HVAC system(s) have minimum MERV 8 filter AND no ozone generators in home. Temporary filter installed to protect unit from construction dust.				

Technical Assistance

- Specifications
- Webinars
- Online Resources and Tools
- Integration with DOE Building America Solution Center



https://basc.pnnl.gov/

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How Dry I'm Not Measured Dehumidification And Water Activity (a_w) in Houses in Florida

2018 RESET Conference – Orlando

Acknowledgements



 Condensate sensor field calibration protocol designed and accomplished by Andrew Äsk, PE of Ft. Myers, FL

 Sensors, technical support and website database for remote monitoring provided by Chris Hoogenboom, CEO of OmniSense.com, Lady's Island, SC

Target Homes Located in South Florida

- The Issues
- The Building & Systems
- Three (3) key results
 - DX AC systems ADD moisture to the air if fan is set to "ON."
 - They still remove a great deal of moisture/day
 - Under ASHRAE Std 62.2 ventilation we're going to need MUCH MORE Dehumidification
- Surface water activity (a_w) measurements vs. mold growth



2-Story House 4,240 ft² 5 Bedrooms + 5 Bathrooms



Mechanical closet Sensors and sensor locations



Air sensor configuration Temperature and RH (calculated Dpt + HR)



Measuring dehumidification in real time Tipping bucket + wireless pulse-counter



Dehumidification Supply air Dpt *must be lower* than return air Dpt



DX DH performance ("Fan ON") Supply air Dpt (Yellow) vs. return air Dpt (Blue)



Still.. the AC units DO dry the air Condensate measurements over 13 days



My Goodness.. What a big DH load! 4240 ft² house – 12.5 days, 1082 lb = 86 lb/day



Very High DH loads were observed in all of the monitored houses

Summer DH Loads During Three 3-day periods					
Lot and Model	Whole-house Daily DH Load Ib H ₂ O / 24 hours	Normalized Daily DH Load Lb H ₂ O • ft ² of living space Hourly DH Loa <u>I</u> b/h			
Lot 21H - 2-Story	55.1	0.021	2.3		
Lot 8J - 1-Story	54.9	0.020	2.3		
Lot 1T - 2-Story	64.0	0.015	2.7		
Lot 32J - 2-Story	78.9	0.019	3.3		
Lot 35G - 2-Story	84.3	0.020	3.5		
Lot 43G - 2-Story	94.7	0.022	3.9		
Lot 3H - 1-Story	53.0	0.016	2.2		
Values are based on average condensate during nine days, measured over three sets of three 24-hour periods.					

Dates of these three periods vary by house, because houses did not have condensate data available at all times.

2018 RESNET Load Assumptions vs. Measured Loads (South Florida)

	Me	Measured DH Loads vs. RESNET Assumptions					
	Hous e Code	Measured DH Load (Ib H ₂ O / 24 hours)	Measured DH Load Btu/h	Bedrooms	RESNET Assumed Load Btu/h	RESNET Shortcoming vs. Reality Btu/h	
	21H	55.1	2,434	3	800	-1,634	
	8J	54.9	2,425	3	800	-1,625	
	1T	64.0	2,827	5	1,200	-1,627	
	32J	78.9	3,485	5	1,200	-2,285	
	35G	84.3	3,723	5	1,200	-2,523	
	43G	94.7	4,183	5	1,200	-2,983	
	ЗH	53.0	2,341	4	1,000	-1,341	
"Internal heat gains shall be 1,600 Btu/h sensible plus 230 Btu/h sensible and Btu/h latent per occupant, with the number of occupants equal to the number Bedrooms plus one." (RESNET Draft Std 2018)					sensible and 200 to the number of		

ASHRAE 62.2-2016 ventilation for single-family residences

0.03 cfm * ft2

CFM

4.1.1 Total Ventilation Rate. The total required ventilation rate (Q_{tot}) shall be as specified in Table 4.1a or Table 4.1b or, alternatively, calculated using Equation 4.1a or Equation 4.1b.

$$Q_{tot} = 0.03A_{floor} + 7.5(N_{br} + 1)$$
 (I-P) (4.1a)

7.5 cfm *(Number of bedrooms +1)

DH loads after 62.2 ventilation (if located in Florida)

Measured DH Loads PLUS ASHRAE Std 62.2 Ventilation (Florida)				
Lot, living space and bedrooms	Current Measured DH Load Ib H ₂ O / 24 hours	New 62.2 Ventilation DH Load Lb H ₂ O /24 hrs 75° dpt Outdoors vs. 55°F dpt Indoors	Total current + new ventilation DH Loads Lb H ₂ O /24 hrs	
Lot 21H - 1-Story 2677 ft ² , 3 bedrooms	55.1	113.7	168.8	
Lot 8J - 1-Story 2677 ft ² , 3 bedrooms	54.9	113.7	168.6	
Lot 1T - 2-Story 4240 ft ² , 5 bedrooms	64.0	177.8	241.8	
Lot 32J - 2-Story 4240 ft ² , 5 bedrooms	78.9	177.8	256.7	
Lot 35G - 2-Story 4240 ft ² , 5 bedrooms	84.3	177.8	262.1	
Lot 43G - 2-Story 4240 ft ² , 5 bedrooms	94.7	177.8	272.5	
Lot 3H - 1-Story 3318 ft ² , 4 bedrooms	53.0	141.6	194.6	

Ventilation air dew points

Typical annual patterns of dew points above 55°F



Dehumidification Loads

Possible implications based on measured dehumidification

- Dehumidification loads are MUCH higher than either ASHRAE FUNDAMENTALS or ACCA Manual J calculations would suggest.
- "Reserve capacity" measured in Btu/h does NOT mean the unit will remove moisture—the compressor MUST be operating.
- Adding ASHRAE Standard 62.2-2016 ventilation will create a new demand for supplemental DH units in residential buildings in most of the US.
- **MEASUREMENTS** of dehumidification and cooling are more reliable indicators of real-world performance than are computer calculations or manufacturer's catalog ratings.
- Try it for yourself! Real world measurements will impress your clients and astonish your friends!

Water activity (aW)

Water Activity: Measuring Energy

The Energy State of Water

The water in the glass has higher energy. It's available. The water in the sponge has lower energy, and is less available. Both the sponge and the glass have the same water **content**, but the water in the sponge is measurably different.

This difference is a difference in the energy state of the water. Water activity expresses this difference as a number between 0 and 1.0, with 1.0 being defined as pure, free water.

Where Microorganisms Come In

William James Scott studied food spoilage during World War II, and later focused his research on the relationship between water and microorganisms. In 1953, he showed that microbial growth in food is governed not by water content, as most people thought, but by water activity. Four years later, he established the concept of a minimum water activity necessary for microbial growth.

Water Activity Growth Limits

In other words, he showed that each microbe and mold spore has a water activity growth limit--a water activity below which it will not grow.

Scott's work was done on food, but has proved relevant to every porous material. It applies equally to products from fresh tree nuts to tree bark, from hand lotion to carpet and insulation.

Source: 2013 Brady Carter, Ph.D. Decagon Inc.

Water activity defined & measured

Partial pressure of water vapor in the **sample**... when measured @ sample temperature

Partial pressure of water vapor of **air**... when saturated @ sample temperature

A water activity of 0.80 means the vapor pressure is 80 percent of that of pure water. The water activity increases with temperature. The moisture condition of a product can be measured as the equilibrium relative humidity (ERH) expressed in percentage... or as the water activity as a decimal.

(Technical Guide for Inspections – expressedFDA 2015)

a''

Microbial growth vs. a_W



Surface water activity in buildings Sensor configuration: Temp + RH + WME



Keep in mind this fundamental limitation: **NOTHING is EVER** at equilibrium in a building!

Sensor is attached to the surface Resistance between the mounting screws is monitored and recorded as WME (Wood-Moisture-Equivalent)

Sensor modification jig



Modifications



Sensors mounted on the ceiling



aW of the ceiling surface in a mechanical closet



aW Monitoring Houses in Florida

Monitoring clearly shows that **Air RH** is NOT **Surface RH**



RH of the air v. a_W at the surface



2-Story House (Type S- 20J) NO MOLD

Occupied Spaces: Surface water activity (aW) of ceilings

(To read aW value, adjust the decimal place of the vertical axis label, ie: 70 = 0.70 aW)¹



Sensor Locations: (Attached with electrically-conductive screws that measure moisture content)

- · Ceiling of the mechanical closet and also the ceiling of the adjacent hall closet
- · Ceiling of the 2nd floor hall bathroom
- · Ceiling of the linen closet adjacent to 2nd floor hall bathroom
- Ceiling of the closet in bedroom 4 (front bedroom)

2-Story House (Type W - 14H) NO MOLD

Occupied Spaces: Surface water activity (aW) of ceilings

(To read aW value, adjust the decimal place of the vertical axis label, ie: 70 = 0.70 aW)¹



Sensor Locations: (Attached with electrically-conductive screws that measure moisture content)

- · Ceiling of the mechanical closet
- Ceiling of the 2nd floor bathroom #2
- · Ceiling of the master closet, and the closet of bedroom 4 (front bedroom)

Observations about a_w and mold

- RH in the air is *not even close* to the RH at the ceiling surface in occupied spaces. (Inside walls... probably much closer)
- IF AIR TEMP STAYS ABOVE 75F, indoor surfaces in homes with AC are quite forgiving! (Difficult to grow mold, unless indoor dew point is above 65F so that condensation occurs, or unless plumbing or walls leak.)
- The old ASHRAE 160 (30-day running average over 0.8 surface a_w) is certainly too conservative for indoor painted gypsum board.
- For indoor painted gypsum that dries, even a little bit, new ASHRAE Std 160 (Viitanen model) is *still* conservative: predicts mold growth that was not observed in these houses

Dew points outdoors v. inside attic



Outdoor air dew points Sept - Oct 2016

All Sensor Values from 9/15/2016 4:06:00 PM to 10/15/2016 4:06:00 PM with no averaging



Attic v. Outdoor air dew points Sept - Oct 2016 (code 32a)

All Sensor Values from 9/15/2016 4:06:00 PM to 10/15/2016 4:06:00 PM with no averaging



Observations about "vented attics"

- Attic venting at the eaves alone is not effective. Roof peak venting, and or diffusion vent at roof peak is needed in South Florida.
- Attic dew points are FAR higher than outdoor dew points during the day time, and often higher at night in South Florida. Therefore...
- Vapor barriers are important and useful between attic and occupied space in South Florida.
- It's a poor idea to put air handlers and duct work in vented attics in South Florida (and other places).

Resources and Tools

- Partner logos
- Co-brandable brochures
- Partner locator
- Website widgets
- 100% Commitment





ask about

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Breathe Easy

Indoor airPLUS Sales Training Kit – Course Materials







Version 2015,1.0





Resources and Tools

Multimedia tools:

- YouTube Videos
- Webinar recordings
- Podcasts
- Facebook
- Twitter

Indoor airPLUS Videos, Podcasts, Webinars and Interviews

Videos Podcasts

Rater Perspective – Benefits of Earning the Indoor airPLUS Label with Ross Britton, US-

Webinars Interviews





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